

عنوان مقاله:

On the Relationship between Personality Traits and Burnout among Iranian EFL Teachers

محل انتشار:

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خلاصه مقاله:

Few studies in Iran have shed light on the exploration of possible correlation between the whole personality factors albeit applying Five-Big model and burnout. In order to bridge to this gap, the current research was proposed to investigate any probable statistically significant relationship between Myers and Briggs personality traits and teachers' sense of burnout. About 125 English instructors teaching in various private institutes of Tehran participated in the study completing three questionnaires of burnout (MBI) and personality traits (MBTI) in Persian. As all questions were concerned with the relationship between one nominal variable (i.e. pairs of personality traits) and one interval variable (i.e. burnout scores), for all these questions eta as a measure of association was employed. The result indicated that there was no statistically significant relationship between any of the personality types and feeling of burnout. The findings offer a number of implications for in-service and pre-service teacher training systems and also may pave the way for further work engagement relevant research.

کلمات کلیدی:

Burnout, Personality traits

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