

عنوان مقاله:

The moderating effect of positive humanistic virtues on psychological capital and couples' marital adaptation: Provide a new conceptual model

محل انتشار:

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خلاصه مقاله:

Aim: One of the most important factors affecting the family durability is the good entente between family members and especially the couples. Marital adaptation would be the foundation for good family function, facilitation of parental role, economic growth, and life satisfaction. In this regard, the purpose of this study which is a descriptive correlational one is to investigate the moderating effect of positive, humanistic virtues on psychological capital and couples' adaptation. **Methods:** The research method is descriptive and correlational. The population of this study was all the couples in Isfahan, Iran in which 384 were selected as the sample by convenience. The researcher has used three questionnaires as instruments of the study as follow: (a) Marital adaptation questionnaire, (b) psychological capital questionnaire, and (c) humanistic virtues questionnaire. In order to statistically analyze the data, Pearson correlational coefficient, step-by-step regression and path analysis formulas were applied. **Result:** Results showed that there is positively significant Pearson correlation between marital adaptations, self-efficacy, optimism, and endurance ($P < 0.05$). **Conclusion:** Among psychological capital variables, self-efficacy was a good predictor for marital adaptation. It was revealed that factors such as self-efficacy, bravery, and moderation has direct and endurance has an indirect effect on marital adaptation.

کلمات کلیدی:

Humanistic virtue, marital adaptation, psychological capital

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