

عنوان مقاله:

The role of Neuro-linguistic programming Meta- Models in Counseling and Psychotherapy

محل انتشار:

سومین کنفرانس بین المللی پژوهش در علوم و مهندسی (سال: 1396)

تعداد صفحات اصل مقاله: 13

نویسندگان:

Fateme Sabzevari - *Rehabilitation Counseling, MA*

Neda Nikoobakht - *General Psychology, MA*

Farshid Pakzat - *NLP Master, IANLP institute*

خلاصه مقاله:

The current study aims to introduce and investigate Meta-Models in Counseling , Psychology and Psychotherapy. Firstly, this paper discusses the importance of verbal communication between patient and therapist and the importance of the patient s mental world and how the patient processes data and presents processed data to the therapist. then, using the term Meta-Model , the main approach of neuro-linguistic programming to the mind of the patient is explained. Later on, we present a history of Meta-Model and its definition. The present research study, moreover, includes different types of meta-models and the questions therapist needs to ask to know more about these Meta-Models in his/her patients. The contents of this study was collected from books, articles and reliable websites about Neuro-linguistic programming and Counseling. Finally, This study concluded, according other therapeutic approaches and Neuro-linguistic programming approach, Meta-Models can have an important position in counseling and psychotherapy.

کلمات کلیدی:

Meta-Model, Counseling , Psychotherapy, Neuro-linguistic programming

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/677466>

