

## عنوان مقاله:

The effectiveness of reality therapy on happiness, life expectancy, pervasive anxiety among drug addicts

## محل انتشار:

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## نویسندگان:

Jamile mansorian - *Department of psychology, Tonekabon branch, Islamic azad university, Tonekabon, Iran*

Javad khalatbari - *PhD, department of psychology, Tonekabon branch, Islamic azad university*

## خلاصه مقاله:

The aim of this study was to determine the effectiveness of reality therapy on happiness, life expectancy and pervasive anxiety among drug addicts . The study population included 150 addicts referring to addiction clinic in the city of Rasht, among which 102 people whose scores on the questionnaires (happiness, life expectancy, anxiety) were above the cut-off point which 20 people were randomly selected and assigned to experimental and control groups. The research design was experimental and pretest and posttest with control group. After random selection of the experimental and control groups, first for both groups, pre-test was carried out, then the experimental intervention (Reality Therapy) were presented to the experimental group and post-test was taken after therapy sessions. The results of data analysis has shown with multivariate covariance method (MANCOVA) that the hypotheses are confirmed.

## کلمات کلیدی:

treatment of Cognitive Therapy-Based Mindfulness, happiness, life expectancy, anxiety, drug addicts

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/682438>

