

عنوان مقاله:

The effect of Neuro-Linguistic Programming(NLP) on Anxiety and Self-Esteem among students

محل انتشار:

همایش علمی پژوهشی استانی راهبردها و راهکارهای ارتقاء کیفیت در آموزش و پرورش (سال: 1396)

تعداد صفحات اصل مقاله: 24

نویسندگان:

Amineh Rezaeian

Amirali Naseri

Aliakbar Velaei

خلاصه مقاله:

This study investigated the relationship between neuro-linguistic programming and anxiety and self-esteem among Iranian pre-intermediate EFL learners. Sixty six pre-intermediate EFL learners involved in this study. The researcher selected randomly four classes. She used old methods for teaching control group and she used NLP and old methods for experimental group. Before she started the treatment, she gave the experimental group a demographic questionnaire, and then the experimental group received NLP treatment while the control group did not receive it. After six weeks they answered posttest and the researcher wanted them to answer the anxiety and self-esteem questionnaire. The experimental group also answered the perceptions and reactions about the NLP. After that, she collected the data from both groups, and she started to analysis the data by SPSS. The results of this study indicated that the NLP treatment did not have any significant effect on language anxiety for the experimental group, but NLP can help experimental group to increase their self-esteem. The perceptions of experimental group were completely positive. These findings explain that NLP can have some effects on learning EFL

کلمات کلیدی:

NLP, anxiety, self-esteem , V-A-K

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/697414>

