عنوان مقاله:

Breast cancer prevention: a review study

محل انتشار:

نهمین کنگره بین المللی سرطان پستان (سال: 1392)

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خلاصه مقاله:

Breast cancer is the most frequently diagnosed cancer in women, with an estimated 1.38 million new cases per year. Globally this carcinoma is the second leading cause of cancer death and the most common malignancy among women.In the last three decades modern medicine has been made considerable progress in combating breast cancer, and during this time physical activity has emerged as an important modifiable health behavior that can play a key role in both the prevention and treatment of this disease. Actually, cancer prevention is rapidly emerging as a major strategy to reduce cancer mortality. Breast cancer prevention recommendations are risk based, so determination of individual and environmental woman's breast cancer risks are important steps in designing prevention and screening plan. Some risk factors, such as family history, age or race can t be changed while others like lifestyle or personal behaviors such as smoking, drinking, and diet can make to lower risk of breast cancer. Some factors influence risk more than others their benefit in reducing breast cancer risk remains uncertain. In this review study we will presented some applicable and effective prevention strategies for breast cancer.

کلمات کلیدی:

Breast cancer, prevention, genetics, environment

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