

## عنوان مقاله:

Biopsychosocial view to pseudocyesis: A narrative review

## محل انتشار:

مجله طب تولید مثل ایران, دوره 15, شماره 9 (سال: 1396)

تعداد صفحات اصل مقاله: 8

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## خلاصه مقاله:

Background: Pseudocyesis is a psychopathological clinical syndrome in which a non-pregnant woman firmly believes herself to be pregnant and manifests many symptoms and signs of pregnancy. Although the exact etiology of pseudocyesis has not been determined. Objective: This study was conducted with the aim of assessing the biopsychosocial view to pseudocyesis. Materials and Methods: A comprehensive search in electronic databases such as Google Scholar, PubMed, ScienceDirect, Web of Science, and Scopus was conducted between 1943-2016 to retrieve pseudocyesis related articles. For this purpose, 1149 articles were collected and 66 items were used. Results: Findings were classified into 2 main categories: a) pseudocyesis etiology, which could include (biological psychological factors and psychiatric disorders, and social factors); and b) pseudocyesis management. Conclusion: Pseudocyesis results from a multidimensional group of factors, and a holistic and comprehensive approach should be taken to its treatment. Cooperation between gynecologists and psychiatrists would likely be useful in addressing the condition.

## کلمات کلیدی:

Pseudocyesis, Neuroendocrinology, Psychiatric disorders, Biopsychosocial, Socio-cultural

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