

عنوان مقاله:

Impact of psychological intervention on stress and depression in breast cancer patients

محل انتشار:

دهمین کنگره بین المللی سرطان پستان (سال: 1393)

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نویسندگان:

Marziah Pourvali - Bs of biotechnology-islamic azad university-gorgan branch-biology department

Ania Ahani Azari - Phd.bacteriologist-asistant professor. Department of microbiology. Faculty of biological sciences.Islamic azad university;gorgan branch;gorgan;iran

خلاصه مقاله:

Cancer is one of the diseases that make a lot of changes in the process of life and social activities of people. Cancer patients usually have some degree of stress and depression. The usefulness of psychological intervention to improve the psychological symptoms in much research has proven. The present study was performed to evaluate the impact of training programs on the rate of psychological stress and depression of patients with breast cancer. Material and Methods This aim of this study is a review for the latest findings about the impact of training programs on the rate of stress and depression in breast cancer patients. To approach the appropriate studies and articles websites search was performed and 20 articles in the field were studied. Results In most studies it has been reported that 60-66.4% of breast cancer patients suffer mild to severe depression and psychological interventions have greatly reduced the levels of stress and depression of these patients .Discussion and Conclusion Due to the positive impact of psychological interventions on reducing the rate of stress and depression among cancer patients' psychological interventions as a successful approach are offered. As well as establishment and strengthen the supporting centers for compatibility with this disease is very influential. Of course, more attention of Ministry of health, treatment and .medical education on psychological training programs in hospitals is also necessary

کلمات کلیدی:

Breast cancer, Stress, Depression, psychological intervention

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