

## عنوان مقاله:

Barriers to Perform BSE of the Viewpoint of Women Nurses Working in Hospitals AsadabadCity of Hamadan in 2014

## محل انتشار:

دهمین کنگره بین المللی سرطان پستان (سال: 1393)

تعداد صفحات اصل مقاله: 1

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## خلاصه مقاله:

Breast cancer is a major health concern and a cause of deaths in women worldwide. Although BSE have a significant role in reducing morbidity and promote early diagnosis of breast cancer among women, but the percentage of women refrain from doing it . Therefore, the present study was performed to investigate the barriers to perform BSE Of the Viewpoint of women nurses working in hospitals Asadabad city of Hamadan in 2014 Materials and Methods: In this descriptive study, all nurses (n = 100) employed in Asadabad city hospitals were studied. The data collection tool was a valid and reliable questionnaire. To analyze the data, spss statistical software (version 16) and descriptive statistics (simple and relative frequency, mean and standard deviation) was used .Results: The response rate of 74 % (74 patients). The mean age of the sample was  $29.3 \pm 5.67$ . 49.6% nurses were single and 70 % were less than 10 years of experience. Nearly half of the sample (47.3%) did not perform breast self-examination and 75 % (n = 55) did not go to a doctor for a breast exam annually. Some of the barriers to perform BSE include lack of awareness(8.1%) , lack of time (8.1% ) , lack of belief to the BSE (6.8%) , forget (6.8% ) and fear of finding a tumor (2.7% ) respectively. Conclusion: According to results of the study and given a prominent role of breast self-examination in reducing morbidity and mortality from breast cancer is necessary performing person and non -person training courses in order .to changing perspectives of nurses about breast self-examination

## کلمات کلیدی:

breast cancer, breast self-examination, nurses, Barriers

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