

عنوان مقاله:

Eligible women s knowledge about the importance of breast self-examination and education in Tabriz health centers in 2015

محل انتشار:

یازدهمین کنگره بین المللی سرطان پستان (سال: 1394)

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خلاصه مقاله:

Introduction: Self breast examination sick Breast Self examination, awareness of breast health boost Although this method is not diagnostic, and as an aid to screening used most breast cancer patients (48%), followed by the image border of the breast (41%) are discovered and physical examination by a physician, only 11 percent of them are identified. This study aimed to assess the level of awareness of the importance of breast self-examination qualified women and education in Tabriz health centers have been done in 2014. Materials and Methods: This cross-sectional study using data from the completed questionnaires were entered and analyzed in EXCEL software isFindings: The results are the average age is 28 years and% 2 self-employment - %2 of teachers -% 96 was home wife. The remaining 19 percent have a college education and 24% of graduate and under graduate diploma. 24 percent to the bigining time- 33 percent since the beginning of the age of onset of breast self examination correct answer. 20% of those in the 11 breast cancer symptoms noted in 24% to 2 - about 6% for 3, 6% to 4, 2% to 5, 4% to 6 and 8 of the 10 cases, 6% to 11 and% 24 information about no symptoms. Discussion and conclusion Given that the majority of breast cancers are discovered by the patient (41%) protocols so that proper implementation of educational and awareness for women over 20 years, the healthy lifestyle including physical activity, nutrition and weight stabilization ... Mark primary prevention would be helpful and breast self-examination, medical examination, mammography and continuity of care for early detection of required Bdvrrh seems that this requires a comprehensive system of referral .and referral centers for care and further action is given

کلمات کلیدی:

Self breast Examination

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