

## عنوان مقاله:

Evaluating Burnout among Administrative and Healthcare Staffs

## محل انتشار:

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## خلاصه مقاله:

**Background & Aims of the Study** Burnout is an occupational hazard which is known as one of the major factors affecting employees' psychological disorders. The present study aimed to evaluate occupational burnout among administrative and healthcare staffs of Shiraz University of Medical Sciences. **Materials & Methods** In this cross sectional study, 300 employees (150 administrative staff and 150 health care staff) were selected using random sampling method. Data were collected using Maslach Burnout Inventory and analyzed using SPSS software. **Results:** The mean of burnout was  $2.33 \pm 0.60$ . The results showed no significant difference between men and women employees in terms of occupational burnout and its three dimensions. Moreover, a significant difference between administrative and medical staffs were found only in the dimension of emotional exhaustion. The mean score of emotional exhaustion in the administrative staff was significantly lower than that of their peers in the healthcare sector ( $2.03 \pm 0.84$  vs.  $2.36 \pm 1.00$ ) ( $p=0.03$ ). **Conclusions:** The results showed that the majority of employees reported an average level of burnout. Such finding was in agreement with the results reported in previous studies. The obtained results can pave the way for further study on the identifying determinants of burnout.

## کلمات کلیدی:

Burnout, Maslach burnout inventory, Employees

## لینک ثابت مقاله در پایگاه سیویلیکا:

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