

عنوان مقاله:

COMBINATION TREATMENT OF DOCOSAHEXAENOIC ACID (DHA) AND ALL-TRANS-RETINOIC ACID (ATRA)
INHIBIT IL-17 AND ROR γ T GENE EXPRESSION IN PBMCs OF PATIENTS WITH RELAPSING-REMITTING
MULTIPLE SCLEROSIS

محل انتشار:

سومین کنگره بین المللی و پانزدهمین کنگره تغذیه ایران (سال: 1397)

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خلاصه مقاله:

Background and Aim: Multiple sclerosis (MS) is a demyelinating disorder with a complex autoimmune pathophysiology. Its initiation and progression correlate with IL-17 and the related transcription factor, ROR γ T. All-trans retinoic acid (ATRA) is a bioactive derivative of vitamin A, and docosahexaenoic acid (DHA) is an active metabolite of omega-3 fatty acid; both have immunomodulatory effects in many immune disorders. This study investigated the effects of DHA and ATRA individually and in combination on IL-17 and ROR γ T gene expression in peripheral blood mononuclear cells (PBMCs) of relapsing-remitting MS (RRMS) patients who were receiving interferon beta (IFN- β). **Methods:** The PBMCs of 15 RRMS patients were treated in vitro with 1 μ M of ATRA and 15 μ M of DHA as single and combination treatments for assessing probable additive or synergistic effects. **Results:** The results showed that single treatment of ATRA ($p = 0.05$) could significantly decrease the expression of IL-17 gene and single treatment of ATRA ($p = 0.04$) and single treatment of DHA ($p = 0.05$) induced significant inhibition on the expression of ROR γ T gene. The suppressive effect of combined treatment with ATRA and DHA on IL-17 ($p = 0.02$) and ROR γ T ($p = 0.01$) was also found significant showing that the combined treatments can have additive effects. **Conclusion:** These results indicate that both DHA and ATRA might help control disease progression in IFN- β treated RRMS patients with the strongest effects produced by a combination of the two compounds.

کلمات کلیدی:

Multiple sclerosis; PBMCs; ROR γ T; all-trans retinoic acid; docosahexaenoic acid; interleukine-17

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