

عنوان مقاله:

A STUDY OF PREVALENCE OF OBESITY AND OVERWEIGHT AMONG PEOPLE OLDER THAN 6 YEARS OLD
VISITED HAMIDIYAH PUBLIC HEALTH CENTRES IN 1396

محل انتشار:

سومین کنگره بین المللی و پانزدهمین کنگره تغذیه ایران (سال: 1397)

تعداد صفحات اصل مقاله: 1

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خلاصه مقاله:

Background and Aim: Obesity and overweight have been a growing health problem all over the world during last decade which can lead to different noncommunicable diseases. This study has designed to investigate the prevalence of obesity and overweight among people older than 6 years old visited Hamidiyah PHCs in 1396. Methods: 20085 subjects (45/58% men and 54/42% women; 17/6% of subjects were from urban population and 82/4% from village population) were investigated in a descriptive, cross-sectional study to evaluate the prevalence of obesity and overweight among people older than 6 years old visited Hamidiyah PHCs. The anthropometric data including weight and height were measured according to Body Mass Index value. Subjects with BMI between 25-29/9 considered overweight and subjects with BMI of 30 or greater considered obese. Results: Findings expressed that 40/78% (15/15% men and 25/63% women; 9/9% of urban population and 30.88% of village population) of the subjects were obese or overweight which is less than expected rate (49%) (gathered from Caspian survey and Steps1395). Conclusion: This study indicates that obesity and overweight in Hamidiyah is close to expected rate and the prevalence in village people and women was more than urban population and men respectively. Acquainting people with having a healthy life style should be considered as a priority in Hamidiyah PHCs

کلمات کلیدی:

obesity; overweight; public health centre; prevalence

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