

عنوان مقاله:

Effectiveness of self-management promotion educational program among Hepatitis B patients based on Professional Collaboration of Care Centered Model (PCCC)

محل انتشار:

اولین همایش ملی مدیریت و کنترل عفونت های منتقله از خون (پنجمین کنفرانس هیپاتیت مشهد) (سال: 1397)

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خلاصه مقاله:

Background: Education and improvement of self-care behaviors are crucial in patients with Hepatitis B. Because Similar to other chronic diseases, Hepatitis B requires lifetime changes in physical health, psychological functioning, social relations, and adoption of disease-specific regimens. Evaluate self-care promotion educational program among Hepatitis B patients and Professional Collaboration of Care Centered model (PCCC). Materials and Methods: Overall, 68 patients with Hepatitis B patients referred to rural health centers in Ahvaz, Iran participated in this study as randomly divided into intervention and control group. This was a longitudinal randomized pre- and post-test series control group design panel study to implement a behavior modification based intervention to promotion self-care among Hepatitis B patients. An integrated framework of common elements or tasks in chronic disease self-care is presented that outlines 14 elements in three broad categories: physical health; psychological functioning; and social relationships. Data analyzed by SPSS22. Results: Before the intervention, there was a not significant difference between two groups regarding in three broad categories of self-care. After applaing PCCC Model for 6weeks, we are observed a significant difference between two groups pertaining to domains ($P < 0.05$). In intervention group, results show a significant difference between pre and post scores of self-care behaviors in all categories ($P < 0.001$), however in control groups not significant difference was seen in this regard. Conclusions: Our result showed education program based on PCCC model was improve of self-care and seems implementing these programs can be effective in the health promotion of hepatitis B patient. So, we recommended simple and efficacy method use for improvement .of self-care

کلمات کلیدی:

Professional Collaboration of Care Centered Model (PCCC), Hepatitis B, self-care

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