

عنوان مقاله:

A preliminary study on medicinal plants of Abhar County in the southeast of Zanjan province of Iran

محل انتشار:

بیستمین کنگره ملی و هشتمین کنگره بین‌المللی زیست‌شناسی ایران (سال: 1397)

تعداد صفحات اصل مقاله: 1

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خلاصه مقاله:

Medicinal Plants are great genetic reserves that the human has used them for a long time and compared to chemical drugs have fewer complications. Iran is a country with rich flora in the world. The diversity of climate, culture and rituals and fees in different regions of the country is considerable and the history of traditional and local use of wild plants for the treatment of diseases in this country is long. Abhar county located at the southeast of Zanjan province with plains, mountainous areas and altitudes and good water resources has enjoyed high plant diversity. In this research, after preliminary surveys and dialogue with local and experienced people, medicinal plant species have been collected during growth seasons in 2015-2016. Then, plant samples have been transferred to botany lab in the University of Zanjan and have been determined with valid taxonomic references. The results of this study showed that 71 medicinal plant species belonging to 29 plant families are present in this region. Most important plant medicinal families in this survey are Asteraceae, Lamiaceae, Rosaceae, Boraginaceae, Apiaceae, Brassicaceae, Fabaceae, Papaveraceae, Malvaceae and Plantaginaceae and most well-known plant genera are Salvia L., Stachys L., Ziziphora L., Teucrium L., Cichorium L., Achillea L., Plantago L., Malva L., Papaver L., Cotoneaster Medik., Descurainia Webb & Berthel., Lepidium L., Glycyrrhiza L. and Echium L.. The most usages and medicinal-traditional properties of studied plants are Analgesic, antispasmodic, digestive and anxiety disorder, anti-flatulence, anti-nausea, antimicrobial, antidiarrhea, wound healing, fever and appetizer and are consumed in a sore throat, inflammation, infection, kidney .problems, blood purification, blood pressure and nerve strengthening

کلمات کلیدی:

Abhar, Medicinal plants, Traditional prescribes

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