

عنوان مقاله:

Effects of kangaroo care on mother and newborn

محل انتشار:

اولین کنگره بین المللی پریناتالوژی، هفتمین کنگره سراسری پریناتالوژی و نئوناتالوژی (سال: 1398)

تعداد صفحات اصل مقاله: 1

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خلاصه مقاله:

The kangaroo care method in newborn is a way of protecting the baby through Skin to skin contact between newborn and their parents. This review study was done by using the keywords kangaroo mothre care, neonatal, skin to skin contact and preterm , all related studies done between 2000 to 2016 on Pubmed, Sience direct, Google scholar, SID, and Magiran were searched. Then, selection between related articles was done based on manuscript which had determined objectives, method of work, sample size, analysis method, and conclusions. Finally, 34 articles were reviewed. Reviewing the study showed skin to skin contact among newborn and their parents regulated the body temperature of the neonate, increased the newborn s immune system, reduced infection and mortality rate, regulated heart and respiratory rate, increased the growth and weight gain in low birth weight neonates, reduced the stress and crying, increased prolong and stable periods of sleep, and also creates an emotional bond between the parents and the neonates. Kangaroo care method not only helps to care for the early stages of growth of premature neonate, but also increases the general health of the newborn and mother. This care can be used as an inexpensive and highly beneficial method for neonate s growth and health

کلمات کلیدی:

Kangaroo care, Skin to skin contact, Neonatal, Preterm, Term, Mother

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