

عنوان مقاله:

Mental Health Status of Employees of Salah al-Din Ayubi Hospital in Baneh

محل انتشار:

مجله بین المللی بیومدیکال و بهداشت عمومی، دوره 1، شماره 3 (سال: 1397)

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خلاصه مقاله:

Introduction: Lack of attention to mental health is one of the important factors in reducing efficiency, loss of manpower and physical and psychological complications, especially in professional services. The purpose of this study was to determine the mental health status of Salah al-Din Ayubi Baneh hospital, which examines the four dimensions of mental health. **Materials and Methods:** This is a cross-sectional study. The research population consisted of personnel working in Salah al-Din Ayubi Hospital in Baneh at 2016. Sixty-six people were selected by stratified random sampling method. Data were collected using General Health Questionnaire (GHQ-28) and analyzed using SPSS19 software. **Results:** In this study, the prevalence of mental disorders among staff was 29.4%. The mental health status of physical aspect, social function, anxiety and depression were 7.4%, 3.07%, 12.4% and 1.5%, respectively. There was no statistically significant relationship between the variables used in this study (age, sex, marital status, occupational status, field of study and number of children) with psychological disorders ($p > 0.05$). **Conclusion:** The findings of this study showed that mental disorders among hospital staff are highly prevalent. Therefore, more attention is needed .from authorities and researchers to develop mental health programs through interventional programs

کلمات کلیدی:

mental health, Hospital personnel, depression, social functioning

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