

## عنوان مقاله:

The effect of preconception counseling on health locus of control in Iranian women: a randomized

## محل انتشار:

چهارمین کنفرانس بین المللی پژوهش های نوین در حوزه علوم تربیتی و روانشناسی و مطالعات اجتماعی ایران (سال: 1398)

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## خلاصه مقاله:

Abstract: Preconception counseling can improve women s health and pregnancy outcomes. Internal health locus of control and belief in the benefits of health-promoting behaviors improve people's engagement in health-promoting behaviors. This study examined whether preconception counseling was related to health locus of control. This randomized controlled trial was conducted on 152 healthy 18-35-year-old women intending to become pregnant. The intervention group received six sessions of group counseling, and the control group received only usual care. Repeated measures ANOVA showed a significant post-intervention increase in the mean internal health locus of control ( $P < 0.001$ ) and chance health locus of control ( $P = 0.013$ ) decreased significantly.

## کلمات کلیدی:

Preconception; Counseling; Health locus of control

## لینک ثابت مقاله در پایگاه سیویلیکا:

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