

عنوان مقاله:

Predicting Oral Health Behavior using the Health Promotion Model among School Students: a Cross-sectional Survey

محل انتشار:

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نویسندگان:

Abdurrahman Charkazi - Assistant Professor, Ph.D of Health Education and Promotion, Health Management and Social Development Research Center, Golestan University of Medical Sciences, Gorgan, Iran

Rahman Berdi Ozouni- Davaji - Ph.D Candidate of Counseling, Health Management and Social Development Research Center, Golestan University of Medical Sciences, Gorgan, Iran

Danial Bagheri - PhD Candidate of Social Sciences Researcher, Vice Chancellor for Research and Technology, Golestan University of Medical Sciences, Gorgan, Iran

Morteza Mansourian - Department of Health Education and Promotion, School of health, Iran University of Medical Sciences, Tehran, Iran

خلاصه مقاله:

teeth and T=permanent teeth) has been increasing from 1957 to 2015 years in Iran. The current survey aimed to test the power of health promotion model for predicting the oral health behavior among high-school students. Materials and Methods: A cross-sectional study was conducted on 482 high school students in Gorgan city, Iran. Multi-cluster sampling was used to recruit the samples. A researcher-made questionnaire based on HPM was implemented to collect data. To analyze, SPSS-18 and statistical tests, including t-test, Pearson correlation coefficient and univariate and multivariate regression models were used. Results: A total of 482 high-school students including 255 (52.9%) male and 227 (47.1%) with mean age of 16.02 ± 0.5 were investigated. The highest and lowest prevalent positive oral health behavior were tooth brushing (73%) and using fluidized oral irrigator (3.6%), respectively. Except for perceived barriers (with negative correlation), all constructs of HBM were positively related to oral health behaviors. Self-efficacy was the strongest predictor of oral health behavior ($\beta=0.653$) ($r=0.541$, $P<0.05$). Conclusion: HPM seems likely beneficial to design and develop oral health behaviors among students. Self-efficacy and perceived benefits should also be noticed to promote students oral health behaviors

کلمات کلیدی:

Dental Carries, Health Behavior, health promotion, Self-efficacy, Students

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