

## عنوان مقاله:

The Role of Emotion Regulation Difficulties as a Mediator of the Relationship between Body Image Disturbance and Disordered Eating Behavior

## محل انتشار:

مجله بین المللی کودکان, دوره 3, شماره 2 (سال: 1394)

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## نویسندگان:

.Mohamad reza Khodabakhsh - Department of Psychology Allameh Tabatabaei University, Tehran, Iran

Ahmad Borjali - Department of Psychology Allameh Tabatabaei University, Tehran, Iran

.Faramarz Sohrabi - Associate professor, Department of Psychology Allameh Tabatabaei University, Tehran, Iran

Noor Ali Farrokhi Farrokhi - Associate professor, Department of Psychology Allameh Tabatabaei University, Tehran, Iran

## خلاصه مقاله:

**Abstract Background:** The prevalence of disordered eating behaviors has been reported to increase in recent decades; therefore, the search for specific psychological variables that may contribute to the etiology of this disorder is of great importance. The current study examined the mediating role of the emotion regulation difficulties on the relationship between body image disturbance and disordered eating behavior among students. **Materials and Methods:** This cross-sectional study was performed in 2014 upon a sample consisting of 264 students in Allameh Tabatabaie University were selected based on a Morgan formula and multi-stage cluster random sampling. Then, participants responded to the questionnaires of emotion regulation difficulties of Gratz and Roemer (2004), The Multidimensional Body-Self Relations Questionnaire (MBSRQ) of Cash (2000) and eating attitudes test of Garner and Garfinkel (1979). The data were analyzed by correlation techniques and multiple regressions. **Results:** The results showed that there was internal significant correlation among emotion regulation difficulties, body image disturbance and disordered eating behaviors (p

## کلمات کلیدی:

Emotion regulation difficulties, Body image disturbance, disordered eating behavior, Students

## لینک ثابت مقاله در پایگاه سیویلیکا:

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