

عنوان مقاله:

(Evaluation of the Quality of Life of Female Family Caregivers of Patients with Breast Cancer in Iran (2013

محل انتشار:

مجله مامایی و بهداشت باروری, دوره 5, شماره 1 (سال: 1396)

تعداد صفحات اصل مقاله: 7

نویسندگان:

Masoumeh Hashemian - Assistant Professor, Department of Health Education, School of Medical Sciences, Sabzevar University, Sabzevar, Iran

Arezoo Fallahi - Assistant Professor, Department of Public Health, School of Health, Kurdistan University of Medical Sciences, Sanandaj, Iran

Vahideh Moghaddam Hosseini - Lecturer, Department of Midwifery, School of Nursing and Midwifery, Sabzevar University of Medical Sciences, Sabzevar, Iran / PhD student, Doctoral School of Health Sciences, Faculty of Health Sciences, University of Pécs, Hungary

Zahra Sadat Asadi - PhD in Health Education and Promotion, Department of Social Medicine, AJA University of Medical Sciences, Tehran, Iran

خلاصه مقاله:

Background & aim: Family caregivers of cancer patients are at a high risk of physical, psychological and emotional problems, which could adversely affect their quality of life. This study aimed to evaluate the quality of life of the female caregivers of breast cancer patients in Sabzevar, Iran. Methods: This cross-sectional study was conducted on 105 participants in Sabzevar, Iran in 2013. Subjects were selected via purposive sampling, and required data were collected using the Caregiver Quality of Life Index-Cancer (CQOLC) scale, which was completed by the family caregivers of breast cancer patients through interviews. Data analysis was performed in SPSS version 20 using independent t-test, analysis of variance, Pearson's correlation-coefficient, and stepwise multiple regression analysis. Results: Mean age of the participants was 36.9±10.9 years, and total mean score of quality of life was 55.48±10.87. The highest score was observed in the subscale of lifestyle disruption (mean: 66.14±17.31), while the lowest score belonged to the subscale of emotional/mental burden (mean: 49.43±18.49). Total mean score of quality of life in the sisters of breast cancer patients was 4.678 units higher compared to the caregivers who were the daughter of the patients. Moreover, total mean score of quality of life in breast cancer patients with no insurance was 5.457 scores lower compared to those with insurance. Conclusion: According to the results of this study, emotional and psychological needs of the female caregivers of patients with breast cancer (as informal caregivers) must be considered in developing related educational programs for the formal caregivers of these patients, especially mental .health nurses

كلمات كليدى:

Breast Cancer, Family caregivers, Quality of life

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