

عنوان مقاله:

poor oral health and fertility problems: A narrative mini-review

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خلاصه مقاله:

Introduction: Recently, it has been recognized that oral infections, especially periodontitis might have effect on several systemic conditions. A possible role of oral diseases in sub-fertility and infertility was also has been suggested. The aim of this review was to evaluate the association between poor oral health and fertility problems. Methods: In this narrative review, authors used PUBMED, Scopus, Science Direct and Google Scholar to included relevant papers in which had at least an English abstract and considered no limitation in publication date. The author used combinations of the search terms sub-fertility , infertility , sperm count , erectile dysfunction or conception AND oral hygiene , oral infections , periodontitis or periodontal disease . From the 40 titles which has been found, Letters to the editor, commentaries and case reports or case series, were excluded and finally 37 original articles were remained. Results: There was a consistency among studies about possible positive association between poor oral health and fertility problems features such as improper spermatological parameters and erectile dysfunction, increased time to conceive and endometriosis but there was an inconsistency about relationship between maternal periodontitis and male-babies sub fertility in future. Conclusion: Researches show that oral hygiene is an important component of general health and also a factor in sexual health. Oral inflammation controlling and regular dental check-ups in which both men and women are attending, particularly prior to conceiving, appears to be helpful in enhancing reproductive ability

کلمات کلیدی:

Fertility, Oral Health, Periodontitis

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