

عنوان مقاله:

تاثیر توانبخشی مبتنی بر منزل بر کیفیت زندگی بیماران سکته مغزی و فشار مراقبتی مراقبین خانوادگی آنان

محل انتشار:

مجله مراقبت مبتنی بر شواهد، دوره 3، شماره 1 (سال: 1392)

تعداد صفحات اصل مقاله: 9

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خلاصه مقاله:

Background: Rehabilitation is a main part of stroke treatment. Stroke causes reduced quality of life (QOL) among stroke survivors and significant strain on Caregivers. However, family role on the rehabilitation team and program should present on family-based. Aim: The effect of home-based stroke rehabilitation on quality of life of stroke survivors and their family caregiver strain. Method: This study was Quasi- Experimental Research. The target populations were all ischemic stroke patients who were admitted to Dr. Shariati Hospital and their caregiver. Convenience sampling was used in which 30 patients and their caregivers who had entrance criteria were selected; and data were collected based on the demographic characteristic, Stroke specific quality of life scale (SS-QOL) and Caregiver Strain Index (CSI) instruments. The participants received stroke rehabilitation program from hospitalization to 8 weeks after discharging from hospital at their home. The study consisted 3 sessions of face to face patient and their family caregiver education in 3 continues day after intensive period of the stroke event. The CSI and SS-QOL were assessed before and after the intervention. The paired t-test, Bonferroni and variance analysis were used for data analyze. Results: The mean score for CSI before intervention was $33/3 \pm 15/5$ and after intervention was $24/6 \pm 11/1$ (p

کلمات کلیدی:

Caregivers, Family, Home-care, Rehabilitation, Stroke, Quality of life

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