

عنوان مقاله:

Education and quality of life in patients with diabetic foot in educational and treatment centers of Urmia University of Medical Sciences, Urmia, Iran

محل انتشار:

چهارمین کنگره بین المللی و ششمین کنگره ملی زخم و ترمیم بافت (سال: 1398)

تعداد صفحات اصل مقاله: 1

نویسنده:

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خلاصه مقاله:

Background: One of the most important health issues of the world with many complications, is mellitus diabetes that sometimes can cause gangrene, organ amputation, financial problems, quality of life reduction, and many psychological complications. Patient education by the nurses can promote on the quality of life in patients with chronic diseases has been emphasized. Materials and Methods: This quasi-experimental study was carried out in two stages, before and after the intervention on 136 diabetic foot patients who were randomly selected. Data Collection tool was a specific quality of life questionnaire (DFS). The patients before the intervention, completed it and after determining training needs, an educational program for intervention group was used. Data by using descriptive statistics, Paired t-test and ANOVA were analyzed. Findings: 28 percent of participants were women and the average age was 58.53 years. The study showed that a statistically significant relationship between education levels, age, gender, financial status, marital status and quality of life in both groups. Also showed that after the education, various dimensions of quality of life in the experimental group was better than the control group and the effect of education on quality of life in patients was significant ($p < 0.05$). Conclusion: It is obvious that appropriate education in the prevention and treatment of diabetic foot complications through improving patient s knowledge can heal injuries and increase quality of life in patients with diabetic foot.

کلمات کلیدی:

quality of life, diabetic foot, education

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