

عنوان مقاله:

Investigating the Effect of Different Educational Methods in Preventing Disease in Elderly People: Review of Interventional Studies in Iran

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تعداد صفحات اصل مقاله: 13

نویسندگان:

Shahab Papi - *Gerontology, Department of Health Education and Promotion, Faculty of Health, Tabriz University of Medical Sciences, Tabriz, Iran*

Robab Sahaf - *Iranian Research Centre on Ageing, University of Social Welfare & Rehabilitation Sciences, Tehran, Iran*

.mehdi Rassafiani - *Department of Occupational Therapy, University of Kuwait, Safat, Kuwait*

Mahshid Foroughan - *Iranian Research Centre on Ageing, University of Social Welfare & Rehabilitation Sciences, Tehran, Iran*

Farahnaz Mohammadi - *Iranian Research Centre on Ageing, University of Social Welfare & Rehabilitation Sciences, Tehran, Iran*

Marzieh Araban - *Department of Health Education and Promotion, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran*

خلاصه مقاله:

Education is a dynamic and continuous process and requires the knowledge and learning of the most basic human needs. These needs created due to the changes that occur with increasing age in the learning system of the elderly people, are more evident at old age. It is important to select the appropriate educational method for learning in this age group. Hence, this review study investigates the effect of different educational methods in interventional studies on Iranian elderly people, considering the importance of lifelong learning. This study is a scoping review study. The reviewed studies were selected through the search in PubMed proquest, science direct, Google, Google scholar databases and with using the keywords of education, lifelong learning, learning and adult education. According to the studies reviewed, 115 articles related to different educational methods, 22 articles were consistent with research goals, the impact of face-to-face methods, group discussions, e-learning (video) and lectures on learning the elderly people of Iran. However, no study was found in the field of electronic studies using social networking software (Telegram, WhatsApp, Viber, etc.), Web-based and e-mail-based studies. Majority of these studies have investigated the effect of education on lifestyle and health promotion behaviors through traditional approaches. The results showed that studies that used education methods appropriate to elderly people, had a positive and significant effect on their learning. Further studies are recommended in the area of educational methods and comparison of these methods

کلمات کلیدی:

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