

## عنوان مقاله:

A guide on taking the leadership of your life

## محل انتشار:

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## خلاصه مقاله:

Having control over your life requires selected modern and classical concepts of leadership and tranquillity to assist you in analysing and approaching different situations in life and business. Based on Heifetz (1994) a method of building a distant view on events is introduced to enable more rational decision-making. A theory of contextual awareness is developed based on classical philosophies. Responsibilities in a certain context are identified and classified in order to help you understand the effects of your actions. For proper interaction with the own context, a model of integrity based on Erhard, Jensen, and Zaffron (2014) is suggested. Finally, a selection of sources for strength and courage are introduced to lead us a happy and meaningful life constantly. This paper should serve as an expandable framework for the application of inspired and reflected theories on leadership in the reader's life. Therefore, the present study concludes with recapitulating questions to support putting theories into action and applying the presented instruments

## کلمات کلیدی:

Leadership, Decision- Making, Integrity

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