

عنوان مقاله:

An Investigation In To the Relation between Job Burnout and the Level of Depression

محل انتشار:

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خلاصه مقاله:

Trainer of pseudo-family centers is an evident instance of occupations in which a person, devote a huge amount of his / her time to the kids of pseudo-family. Instead of being challenging, active and inventive, this job could be in some cases tiresome and boring which can lead to decrease the sense of deserve and the performance of the trainer and eventually resulting in to the depression of the trainer and reducing the desired level of kids education in pseudo family centers. The aim of current study is to examine the relation between job burnout with the level of depression and the experience (number of years) of the trainers of pseudo family centers in the cities of Lanjan and Mobarakeh. This research is applicable in terms of objective and is correlative in terms of descriptive method, which uses a questionnaire among 30 woman- trainers in pseudo-family centers in Lanjan and Mobarakeh in 2018. The results of the research indicate that job burnout has significant and positive relationship with the age of the trainers and their experience

کلمات کلیدی:

Job burnout, Clinical depression, Pseudo family, Lanjan

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