

عنوان مقاله:

The molecular mechanisms of Vitamin D effects on alleviating premenstrual syndrome pain

محل انتشار:

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خلاصه مقاله:

Premenstrual syndrome (PMS) is a hormone dependent pathophysiologic state with known somatic and affective symptoms. Vitamin D3 as a secosteroid hormone has different effects on several disorders. In this review, we declared some potential benefits of vitamin D3 regarding the alleviation of PMS symptoms; also, we have reported the results of the literature review about vitamin D and PMS.

کلمات کلیدی:

Vitamin D, Premenstrual syndrome, Pain

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