

## عنوان مقاله:

Investigating strategies for improving urinary incontinence in people with multiple sclerosis

## محل انتشار:

اولین کنگره پژوهشی دانشجویان دانشگاه علوم پزشکی هرمزگان (سال: 1398)

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## خلاصه مقاله:

Background: Urinary incontinence affects the various aspects of daily living in patients with multiple sclerosis and adversely affects the quality of life of these patients. This study investigated Investigating strategies for improving urinary incontinence in people with multiple sclerosis . Methods: This study is a systematic review by searching the databases Magiran, SID, Google scholar, Pubmed, web of science, Amedeo keywords within the Multiple Sclerosis, Urinary incontinence, Improvement and Quality of Life took place during the years 2000 to 2017. In this study Interventional articles have been used. Results: The results of various studies show that doing interventions such as pelvic floor exercise training, exercise therapy and biofeedback, acupuncture of Sacral spinal nerves and neurotoxin treatment have a significant effect on the improvement of urinary incontinence in people with multiple sclerosis. But neuromuscular electrical stimulation has resolved some of the symptoms of urinary incontinence and not all of the symptoms have been effective. Some studies have been of low sample size and short follow-up time. Also, family-centered empowerment-based interventions are effective on the quality of life of people with U.S. urinary incontinence. Conclusions: Based on the findings of various papers, some of these interventions are effective in reducing urinary incontinence in MS patients. Therefore, these patients are suggested as non-pharmacological, non-invasive and low-cost methods for controlling urinary incontinence. But which methods work better than others, requires additional studies that will interfere with the patient's longer time.

## کلمات کلیدی:

Multiple Sclerosis, Urinary incontinence, Improvement, Quality of Life

## لینک ثابت مقاله در پایگاه سیویلیکا:

