

## عنوان مقاله:

The effect of educational intervention on empowering mothers about proper nutrition of children under two years old in Shiraz in 1398

## محل انتشار:

اولین کنگره پژوهشی دانشجویان دانشگاه علوم پزشکی هرمزگان (سال: 1398)

تعداد صفحات اصل مقاله: 1

## نویسندگان:

Zahra khalvati - Student of Nutrition Sciences, Student Research Committee, Shooshtar School of Medical Sciences, Shooshtar, Iran

Donya Hafizi Nia - Student of Nursing, Student Research Committee, Shooshtar School of Medical Sciences, Shooshtar, Iran

Kobra Dosti Far - Instructor, Department of Public Health, Shooshtar School of Medical Sciences, Shooshtar, Iran

## خلاصه مقاله:

Background and Aim: The first two years of a child s life are considered to be the most important period of their development and development. This period is veryimportant from the point of view of breastfeeding. It was done under two years. Materials and Methods: This study is a quasi-experimental study. Samples were randomly selected from health houses by multistage random sampling. After data collection, questionnaires were collected between control and intervention groups. Data were collected and analyzed 6 months after the intervention Results: Before the intervention, the mean scores of awareness and behavior scores were 0.9 in the intervention group and 3.1, respectively, and increased after the intervention to 0.9 and 0.5, respectively. At baseline, they were 2.9 and 1.2, and after intervention, respectively. Conclusion: The results of this study indicate that education can be an effective tool for .promoting mothers knowledge and behavior towards child nutrition

## کلمات کلیدی:

empowerment, educational intervention, health home, children

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/996281>

